A "game" that helps explore threats and surface collective expertise and experience.
Anxieties - 10 minutes

1. Working individually, think of an "anxiety" - something that could happen to the users, infrastructure, context, etc of X PROJECT
2. Copy + paste or drags post-it of the category that corresponds to your idea
3. Assign it a number from 1-6 (where 1 is least likely to happen and 6 is most likely to happen)
4. Repeat

Example!

Someone phishes my account (3)
Scenarios

1. We'll roll the dice 4 times (once for each category) to build an Anxiety Games scenario.
2. Discuss and reflect on the scenario:
   - How do these anxieties relate to each other? What could the causal relationships be?
3. Collect reflections and comments, and gather them under a scenario.
Dismantling and assessments

1. After reflecting on the scenario, "dismantle" it as a group:
   - Discuss as a group what you could do to: 1) De-escalate the scenario or an anxiety within the scenario, or 2) Neutralize an anxiety or mitigate the second order effect of one anxiety to another.

2. Build an "assessment" of the scenario:
   - Summarize the key reflections, comments, and ways of dismantling the scenario
Collected Anxieties

Categories

**Physical**
Anything related to physical safety

- My phone gets stolen (5)
- I lose my device (5)

**Digital**
Anything to do with technical infrastructure, devices, and data

- Someone Phishes my account (3)
- I get locked out of device/app (4)
- Other team members see my data (3)

**Social/Political**
Anything related to relationships between people and groups (orgs, corporations) or between the users and the state, or authorities (police, military, etc)

- I can’t show my community the data I have collected (3)

**Environmental**
Anything related to the environmental context in which users / the project is operating

- The internet is not as fast as I expected it to be/too slow (6)
- Lost or destroyed device due to weather and/or environmental conditions (5)
Scenarios

Scenario 1

[Context]

Comments and reflections:

Scenario 2

[Context]

Comments and reflections:
### Assessments

<table>
<thead>
<tr>
<th>1st assessment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dismantling the Scenario:</td>
</tr>
<tr>
<td>Summary + Key reflections/comments</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>2nd Assessment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dismantling the Scenario:</td>
</tr>
<tr>
<td>Summary + Key reflections/comments</td>
</tr>
</tbody>
</table>